

**LIFEPULSE CENTER™**  
for Development & Growth  
Faith Nouri, PhD, LPC

**NEW CLIENT INFORMATION SHEET - Child**



**Name (print):** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_  
(Last) (First) (Middle) **Gender:** \_\_\_\_\_  
(male) (female)

**Soc. Sec. No.:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Date of Birth:** \_\_\_\_ - \_\_\_\_ - \_\_\_\_ **Age:** \_\_\_\_

**E-mail Address (parents):** \_\_\_\_\_

**Referral Source:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_

\_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

\_\_\_\_\_

**Mother's Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Father's Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Parents are:** \_\_\_\_ Married \_\_\_\_ Divorced \_\_\_\_ Separated

**Emergency Contact:** \_\_\_\_\_

**Emergency Contact Number:** \_\_\_\_\_

- Considering issues that may come up during the session where access to a parent may be necessary, it is required for parents to wait in the waiting room while their children are in the session.

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**Child/Adolescent Background Information** *(use for all minors)*

**Welcome to my office. Please answer all information as completely as possible. If applicable, both mother and father should complete together. Information given is strictly confidential and beneficial in providing the best possible service. Feel free to ask for assistance, if needed. I will discuss your responses with you after I have reviewed the form.**

**Thank You,  
Dr. Nouri**

Completed by: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Child's Address:

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Child's Gender: Male\_\_ Female\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ SS# \_\_\_\_\_

Child's Ethnicity:

Africa American \_\_\_ Bi-racial \_\_\_ Hispanic/Latin \_\_\_  
Asian \_\_\_ Caucasian \_\_\_ Native American \_\_\_ Other \_\_\_\_\_

Child's primary language: English \_\_\_ Spanish \_\_\_ Other \_\_\_\_\_  
Language spoken at home---- (parent's language)

Child's Legal Guardian (Managing Conservator): \_\_\_\_\_

**(If the child is not living with both natural parents, both adoptive parents, or only living parent, the clinic requires a photocopy of the legal document stating custody arrangements, consisting of the cover page, page specifying conservator(s), and signature page). (The photocopy should be stapled to this form.)**

Is your child presently receiving counseling elsewhere? Yes No  
**(If yes, do not complete this form until you have talked with your counselor)**

School Child attends: \_\_\_\_\_

Current School Address & Phone

Grade Level (now): \_\_\_\_\_ Has your child ever been retained? Yes No If yes, what grade \_\_\_\_\_

Current Teacher(s): 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Current School Counselor: \_\_\_\_\_

Is your child receiving special education or other services? Yes No  
(explain) \_\_\_\_\_

Has your child ever seen a mental health professional (psychiatrist, psychologist, or a counselor)? Yes No (If so, we will need your permission in order to communicate with that individual or agency)

Previous Mental Health Professional/Agency \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_ Dates of Service \_\_\_\_\_ (beginning - ending)

Has your child been hospitalized for mental health concerns? Yes No

If yes: When \_\_\_\_\_ Where \_\_\_\_\_

**\* INFORMATION ON CHILD'S MOTHER \***

**Mother's Name:** \_\_\_\_\_

I am:  biological mother  stepmother  adopted mother

Other \_\_\_\_\_

Address: \_\_\_\_\_

*Street City State Zip*

Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer \_\_\_\_\_

How Long: \_\_\_\_\_

Last Year of education completed:

8th grade or below \_\_\_\_\_ Trade School \_\_\_\_\_ Master's Degree \_\_\_\_\_  
High School \_\_\_\_\_ Some College \_\_\_\_\_ Ph. D. Degree \_\_\_\_\_  
GED \_\_\_\_\_ College Graduate \_\_\_\_\_

History of learning, emotional, or behavioral problems: Yes No

(If yes, please explain) \_\_\_\_\_

History of alcohol/drug/substance abuse: Yes No

(If yes, please explain) \_\_\_\_\_

History of family violence: Yes No

(If yes please explain) \_\_\_\_\_

Current living arrangements:

Family of origin \_\_\_\_\_ Relatives \_\_\_\_\_ Single \_\_\_\_\_  
Married \_\_\_\_\_ Roommate(s) \_\_\_\_\_ Single parent \_\_\_\_\_  
w/children \_\_\_\_\_ Significant other \_\_\_\_\_ Other \_\_\_\_\_  
Married w/children \_\_\_\_\_



Child's current household:

Adoptive parents ____	Natural Father and Stepmother ____
Blended family (both spouses with children) ____	Natural Mother and Stepfather ____
Father only ____	
____	
Foster family ____	Natural Parents ____
Institution ____	Relatives ____
Mother only ____	Other _____

List by Household your child's current family, beginning with the oldest member and include the child:

**Primary Household** (anyone who currently lives with child)

**How long in this current living situation:** \_\_\_\_\_

Name	Age	Gender	Relationship to you (include step, half, etc.)
------	-----	--------	--

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Child lives in:** House \_\_\_\_ Apartment \_\_\_\_ Duplex \_\_\_\_ Other \_\_\_\_\_

**Second Household** (non-custodial or extended family - if applicable)

Name	Age	Gender	Relationship to you (include step, half, etc.)
------	-----	--------	--

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Currently involved in a custody dispute: No Yes (If yes, explain) \_\_\_\_\_

If divorced, circle the number which best describes your relationship with your ex-spouse.

Hostile		Frustrating		Friendly
1	2	3	4	5

How often does client see non-custodial parent? \_\_\_\_\_

**\* CHILD'S HEALTH \***

Child's Primary Care Physician: \_\_\_\_\_

Name

Phone

Address

Has your child ever seen a psychiatrist? Yes No  
Is child currently seeing a psychiatrist? Yes No (If yes, list name, address and phone):

Name

Phone

Address

Date of LAST complete physical \_\_\_\_\_

Physical Disability: Yes No (If yes, explain) \_\_\_\_\_

Chronic Illness: Yes No (If yes, explain) \_\_\_\_\_

Terminal Illness: Yes No (If yes, explain) \_\_\_\_\_

Check the following items for a diagnosis or medication that your child is now receiving or has received:

Diagnosis	Current	Past	Date of Diagnosis	Name of medication	Dosage
Depression	_____	_____	_____	_____	_____
ADHD	_____	_____	_____	_____	_____
ADD	_____	_____	_____	_____	_____
Conduct	_____	_____	_____	_____	_____
Disorder	_____	_____	_____	_____	_____
Learning	_____	_____	_____	_____	_____
Disability	_____	_____	_____	_____	_____
Anxiety/	_____	_____	_____	_____	_____
Nervousness	_____	_____	_____	_____	_____
Panic Attack	_____	_____	_____	_____	_____
Manic-Depression (Bipolar)	_____	_____	_____	_____	_____
Schizophrenia	_____	_____	_____	_____	_____
Oppositional	_____	_____	_____	_____	_____
Defiant Disorder	_____	_____	_____	_____	_____

Mood/Anger \_\_\_\_\_

Tics \_\_\_\_\_

Insomnia/  
Sleeplessness \_\_\_\_\_

Obsessive/  
Compulsive \_\_\_\_\_

Addictions \_\_\_\_\_

Convulsions \_\_\_\_\_

Post-Traumatic  
Stress Disorder \_\_\_\_\_

Other \_\_\_\_\_

(If you do not know the name and dosage of current medication, please bring the medication to your next session)

*If your child has been diagnosed, who gave the diagnosis?*

Counselor/Psychologist \_\_\_\_\_ Family Physician \_\_\_\_\_ Psychiatrist \_\_\_\_\_  
 School \_\_\_\_\_ Other \_\_\_\_\_  
 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

*What other medication is your child currently taking?*

Medication	Dosage	Taken for what reason?
_____	_____	_____
_____	_____	_____
_____	_____	_____

**\* CURRENT CONCERNS \***

**Indicate severity of up to 10 items that currently apply to your child. (1-mild; 2-moderate; 3-severe) Circle the item that you see as the most significant issue**

- \_\_\_ Abuse (physical, emotional, sexual)
- \_\_\_ Adjustment to life changes (changing schools, parents divorcing, moving, getting married or divorced, aging, etc.)
- \_\_\_ Bed wetting daytime wetting, soiling or related problems
- \_\_\_ Career Decisions
- \_\_\_ Disturbing memories (past abuse, neglect or other traumatic experience)
- \_\_\_ Drug or alcohol use (both legal and illegal drugs)

- Eating problem (purging, bingeing, overeating, hoarding, severely restricting diet)
- Family or Stepfamily relationship problems
- Feeling angry or irritable
- Feeling anxious (nervous, clingy, fearful, worried, panicky, obsessive-compulsive, lacking trust, etc.)
- Feeling guilty or shameful
- Feeling sadness or depression NOT related to grief
- Feeling sadness or depression related to grief
- Gang related concerns (explain) \_\_\_\_\_
- Health concerns (physical complaints and/or medical problems)
- Illegal behaviors (runaway, stealing, fire setting, truancy, etc.)
- Learning/Academic difficulties
- Non-family relationship problems (teachers, peers, etc.)
- Parent-Child relationship (discipline, adoption, single parent, etc.)
- Personal Growth (no specific problem)
- Religious or Spiritual concerns
- Sexual concerns (excessive masturbation, inappropriate acting out)
- Sexual identity concern
- Sleep problem (nightmares, sleeping too much or too little, etc.)
- Speech problem (not talking, stuttering, etc.)
- Suicidal Ideation (thoughts of death, wanting to die)
- Unusual behavior (bizarre actions, speech, compulsive behavior, tics, motor behavior problems, etc.)
- Unusual experiences (loss of periods of time, sensing unreal things, etc.)
- Other (explain) \_\_\_\_\_

***\*Remember to circle the most significant issue.***

***When did you first become concerned about this issue?*** \_\_\_\_\_

***How have you attempted before now to deal with this issue?*** \_\_\_\_\_

*Other treatment your child has received to address any of the concerns indicated above: None* \_\_\_\_\_

Couples Counseling \_\_\_\_\_      Group counseling \_\_\_\_\_      Individual counseling \_\_\_\_\_

Family counseling \_\_\_\_\_      Hospitalization \_\_\_\_\_      Other \_\_\_\_\_

*What do you enjoy most about this child?* \_\_\_\_\_

*What do you find most difficult about this child?* \_\_\_\_\_

*Anything else you think we need to know* \_\_\_\_\_

*What is the one thing I need to know to help your child today?* \_\_\_\_\_

**\* FAMILY HISTORY/EXPERIENCES \***

(For each of the following items that apply, write in your child's approximate age at the time it occurred):

*Raised by:*

Adoptive parent(s) \_\_\_\_\_

Institution \_\_\_\_\_

Relatives \_\_\_\_\_

Foster parents \_\_\_\_\_

Natural parents \_\_\_\_\_

Single natural parent \_\_\_\_\_

Grandparents \_\_\_\_\_

Natural and step-parent \_\_\_\_\_

Other \_\_\_\_\_



*Stressors in the Family:*

Chronic illness of family member \_\_\_ Death of significant person \_\_\_ Domestic Violence \_\_\_

Family member absent (explain) \_\_\_\_\_

Family member's disability/major accident/illness \_\_\_

Family member emotional problems (explain) \_\_\_\_\_

Family member suicide (explain) \_\_\_\_\_

Financial problems \_\_\_ Moved a lot \_\_\_ Parents arguing frequently \_\_\_ Parents divorced \_\_\_

Other \_\_\_\_\_

*History of your child having learning, emotional, behavioral problems:* Yes No

(If yes, please explain) \_\_\_\_\_

*History of your child having alcohol/drug/substance abuse:* Yes No

(If yes, please explain) \_\_\_\_\_

*History of family violence:* Yes No

(If yes, please explain) \_\_\_\_\_

*History of criminal activity in the family:* Yes No

(If yes, please explain) \_\_\_\_\_

*Has your child been abused* (check all that apply): Physically \_\_\_ Emotionally \_\_\_

Sexually \_\_\_

*Has your child been neglected* (check all that apply): Physically \_\_\_ Emotionally \_\_\_

*School Problems* (check all that apply):

Academic problems \_\_\_ Discipline problems \_\_\_ Severely teased \_\_\_

Unpopular \_\_\_

Other \_\_\_\_\_

*Early Language/Speech Problems* (explain) \_\_\_\_\_

*History of emotional concerns include:*

Appetite change \_\_\_ Heard voices \_\_\_ Suicidal thoughts \_\_\_

Emotional problems \_\_\_ Loss of energy or fatigue \_\_\_ Suicide attempts \_\_\_

Gained weight \_\_\_ Lost weight \_\_\_ Other \_\_\_\_\_

*History of behavior problems includes:* (check all that apply):

Accident-prone \_\_\_ Aggressive Behavior

(explain) \_\_\_\_\_

Alcohol/drug use \_\_\_ Attention problems \_\_\_ Frequent arguments \_\_\_ Hyperactive \_\_\_

Impulsive \_\_\_ Loner \_\_\_ Misbehaved a lot \_\_\_ Ran

away \_\_\_

Taken advantage of \_\_\_ Temper outbursts \_\_\_ Trouble with the law \_\_\_  
 Other \_\_\_\_\_

*History of anxiety symptoms includes:* (indicate all that apply):

Irritable \_\_\_ Obsessive worrying \_\_\_ Physical symptoms (below) \_\_\_  
 Keyed up, on edge \_\_\_ Phobias \_\_\_ Other \_\_\_\_\_

*History of health/physical problems includes:* (check all that apply):

Asthma \_\_\_ Disability \_\_\_ Nervous stomach \_\_\_  
 Bedwetting \_\_\_ Dizziness \_\_\_ Neurological  
 problems/exam \_\_\_  
 Bone/joint/muscle \_\_\_ Headache (kind) \_\_\_ PMS \_\_\_  
 Chest pain \_\_\_ Heart Palpitations \_\_\_ Serious  
 overeating/undereating \_\_\_  
 Chronic illness \_\_\_ Hospitalization \_\_\_ Shortness of breath without exertion \_\_\_  
 Developmental delay(s) \_\_\_ Major accident \_\_\_ Sleep problem \_\_\_  
 Diarrhea \_\_\_ Major illness \_\_\_ Surgeries \_\_\_  
 Other \_\_\_\_\_

*History of trauma/stressor includes:* (check all that apply):

Child separated from parent (how long and when) \_\_\_\_\_  
 Death of a pet \_\_\_ Death of a significant person \_\_\_ Incarcerated family  
 member \_\_\_  
 Medical \_\_\_ Natural Disaster \_\_\_ Sexual Assault \_\_\_  
 Victim of trauma (unusual, terrifying experience) \_\_\_  
 Other \_\_\_\_\_

*History of interpersonal problems includes:* (check all that apply):

Aggressive behavior (explain) \_\_\_\_\_  
 Bullied \_\_\_ Taken advantage of \_\_\_  
 Frequent arguments \_\_\_ Temper outbursts \_\_\_  
 Loner \_\_\_ Other \_\_\_\_\_

*Family Atmosphere* (circle the number that best describes how you view your child's current family atmosphere)

Very lenient	1	2	3	4	5	Very strict
Very non-religious	1	2	3	4	5	Very religious
Chaotic	1	2	3	4	5	Highly structured
Few expectations	1	2	3	4	5	High expectations
Inconsistent	1	2	3	4	5	Consistent

*Family Support System (such as church, friends, relatives, school)*

Hardly any support      1      2      3      4      5      Considerable support

*Your child's current use of Computer, VCR, and Television* (circle the number of hours that best describes use):

Computer (circle approximate hours spent each week)

0-2    3-5    6-8    9-11    12+

TV/VCR (circle approximate hours spent each week)

0-2    3-5    6-8    9-11    12+

Services at LifePulse Center include, but are not limited to, individual therapy, group therapy, parenting consultations, and corporate consultations, as well as play and activity therapy for children and adolescents. Individual sessions are 45-50 minutes. Psychotherapy is a process and weekly sessions are recommended for the first 8 to 12 sessions for continuous progress and change.

I have read and understand the above statement. I also understand that I will be charged \$120 for a 45-50 minute session and agree to pay this amount at the time of each session unless we make other arrangements for insurance reimbursement. I further understand that **I am responsible** for a \$60 fee for **sessions canceled within less than 24 hours** of my scheduled appointment time; insurance does not cover this fee. In case of a need for a phone consultation, if the conversation lasts more than 10 minutes, I am responsible for a payment of \$60 for the first 30 minutes and \$120 for a 45 minutes consultation.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Last Revised 6/28/2011